

Couple's

Just the two of us R 2 399 p/couple

Welcome drink on arrival
Full body massage, Back scrub, Back mask, Back steam, Hydrating spa facial, Pamper pedicure, Head massage with refreshments
Duration of treatments 3 hours

Let it Linger R1 899 for both

Welcome drink on arrival
Full body massage, Body brush, Calabash foot treatment, Afro scalp massage
Ending with refreshment and something sweet
Duration of treatment 2 hours

Love is here R1 899 for both

Welcome drink on arrival
Swedish full body massage, Tsamma hand treatment, Foot Treatment, Paint of toe nails
Ending with refreshment and something sweet
Duration of treatment 2 hours

Time out Spa R1 399

Welcome drink on arrival
Hot stone back, neck and shoulder massage, Zesty Nomad foot treatment, Tsamma hand treatment ,
Ending with refreshment and something sweet
Duration of treatments 1.5 hours

Stay Over Spa

for 2 people – R 3 399

Welcome drink on arrival
Swedish full body massage, Tsamma hand treatment, Foot Treatment, Paint of toe nails
Ending with refreshment and something sweet
Duration of treatment 2 hours
1 night Accomodation

Birthday Gift

R1099 per person

Welcome drink on arrival
Full body massage, facial,
Scalp massage, Spa facial
Foot and foot treatment
Duration 3 hours

Mother & Daughter package

R 2 600 for both

Classic Pedicure
Scalp massage
Honey bush facial
Full body massage
Spa Lunch
Duration of treatments 3 hours

Family Spa

R 499 per person

Welcome drink on arrival
Back, neck and shoulder massage
With a foot treatment
Duration 1 hour
Minimum of 4

For the Individual

Full day spa R 1699 p/p

Scalp massage, Honey bush facial
Classic pedicure
Tsamma hand treatment
Lunch
Desert glow exfoliation , Cocoon wrap and Rolling sands Full body massage
Duration of treatments – 4.5 hours

Half day spa R1399 p/p

Scalp massage
Calabash foot treatment
Tsamma hand treatment
Honey bush facial, Full body massage
Lunch
Duration of treatments 3 hours

Mommy to be R999 p/p

Foot, leg and back massage
Tummy wrap to reduce stretch marks
Pedicure
Duration of treatments 2 hours

You're the man package R999 p/p

Full body Swedish / Hotstone massage
Gentlemen Pedi
Scalp massage
Duration of treatments 2.5hours

All packages include welcome drink on arrival

Group packages

Ladies Get Together

R699 p/person

Welcome drink on arrival

Back neck and shoulder Hot Stone massage, Refreshing foot treatment, 15 minute Afro scalp massage, Includes Coffee / Tea

Duration 75 minutes - Minimum of 4

Spa Together

R499 p/person

Choose between

Back neck and shoulder massage with, Refreshing foot treatment Or

Full body Hot stone massage, Coffee and Tea afterwards

Add spa lunch R100 p/person extra

Group Half day spa

R1299 p/person

Minimum of 4

Group Full day spa

R1599 p/ person

Minimum of 4

Facial treatments

Honey bush facial

R350

Deep moisturising leaving skin silky smooth

Anti-Aging facial

R390

Revitalising boosting

Oily skin corrector facial

R390

Reduces the oil production and balancing the skin

Men's facial

R390

Deep cleansing and refreshing

Extraction

R100

Massage Treatments

L'abri signature massage / Hot stone / Swedish or Rolling sand massage/ Deep Tissue massage

Choose any from the above selection

Full Body Massage

R480 (60 min)

R600 (90 min)

Back, neck & shoulder

R320 (30 min)

R390 (45 min)

Cupping full body

R550 (60min)

Lomi full body massage

R550 (60 min)

Indian Head massage

R250 (30 min)

Scalp massage

R200 (15 min)

Hand massage

R150 (10 min)

Foot massage

R200 (20 min)

Body dry exfoliation

R150

Back treatment (steam exfoliation, wrap)

R250 (20 min)

Foot treatments

Pedi Pride

R380

Zesty Nomad Foot treatment

R250

Feet first Classic Pedicure

R300

Gentlemen Pedicure

R350

Express Pedicure (30 min)

R200

French Pedicure

R350

Gel Pedicure

R400

Hand treatments

Hands of Time - Full mani

R300

Tsamma hand treatment

R200

Wow mani - Express (30 min)

R180

Gentlemen Manicure

R200

Manicure French

R260

Hand / foot soak & scrub

R100

Gel Manicure

R400



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Parys

Monday – Sunday

Pre-Bookings Essential

