



PUSH THE BOUNDARIES... CHALLENGE YOURSELF!

We supply cardio equipment and manufacture weight resistance equipment & benches. We supply to commercial gyms, corporate and private homes.

Weight resistance equipment and benches are manufactured right here in sunny South Africa. Supplied nationally and across our borders.

CONTACT US TODAY





Glute Machine



HiLo Pulley



**Standing Side
Deltoid**



Pec Deck



Long Pull Row



**Tricep Push
Down**

Modular Equipment



Bicep Preacher Curl



Hip Adductor



Hip Abductor



**Vertical Chest
Press**



**Seated Calf
Raise**

Windsor Road,
Loch Vaal,
Vanderbijlpark, 1911

082-601-1360

PO Box 757,
Park South,
Vanderbijlpark, 1910

info@fitquip.co.za

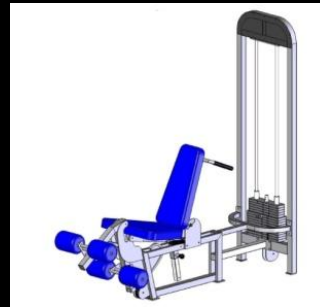




**Chest Shoulder
Press**



Lat Pull Down



**Leg Extension
Curl Combo**



**Leg Press
Calf Raise**



Pec Fly

Modular Equipment



Cable Cross Over



Leg Extension



Lying Leg Curl



**Standing Calf
Raise**



**Dual Adjustable
Pulley**

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Hack Squat



Squat Rack



Power Rack



Smith Machine

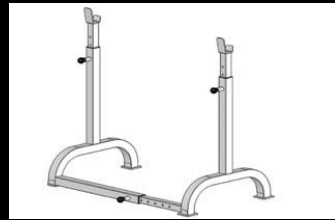


58 Leg Press

Weight Loaded



T Bar Row 45 Degree



Telescopic Stands



T Bar Row Flat

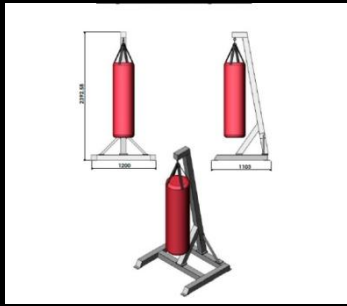
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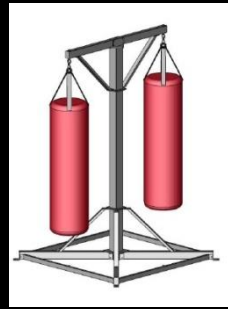
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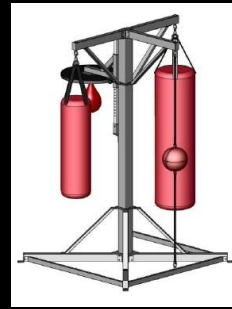




Single Boxing Stand



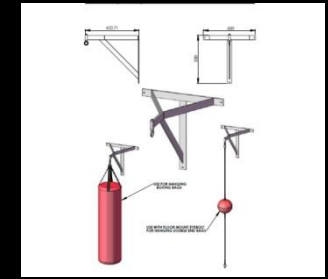
2 Station Boxing Stand



4 Station Boxing Stand



4 Station Boxing Stand

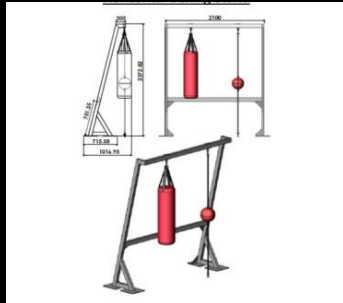


Boxing Bag Bracket Wall Mount

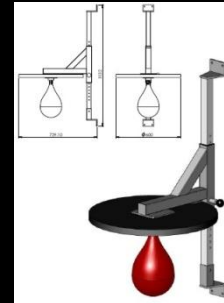
Benches



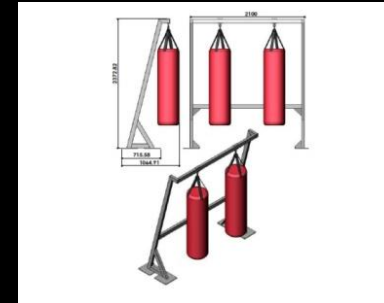
Chin up Wall Mount



Horizontal Boxing Stand



Adjustable Speed Ball Wall Mount



Horizontal Boxing Stand



Tricep Dip Wall Mount

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**Adjustable
Heavy Duty &
Stand**



**Adjustable Heavy
Duty No Stand**



**Adjustable Decline
& Stand**



**Adjustable
Decline No
Stand**



**Hip Flexor
Wall Mount**

Benches



Flat Bench



**Flat Bench
& Stand**



Half Bench



**Incline Bench
& Stand**



Roman Chair

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**Dumbbell Rack
Single Level**



**Dumbbell Rack
Double Level**



**Dumbbell Rack
Triple Level**



**Step Podium
Half Size**



2 Step Bench

Benches



**Multipurpose Bench
With Attachments**



**Multipurpose
Bench**



**Hydraulic
Stepper**



**Shoulder Press
Bench & Stand**



Chin Up Dip Stand

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Hyper Ext 45



Hyper Ext Flat



Seated Bench



**Preacher Curl
Seated**

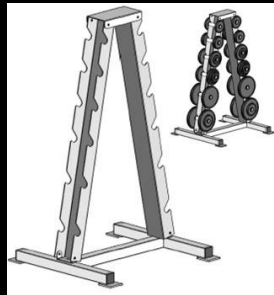


**Sit Up Board
& Ladder**

Benches



Sissy Squat



**Vertical Dumbbell
Rack**



Hip Flexor



**Weight Plate
Tree Std**



**Weight Plate
Tree Olympic**

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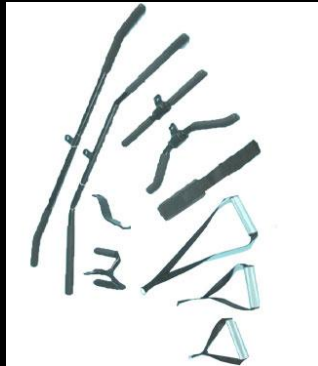
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**Dumbbells, Barbells
& Bars**



Handles



Weight Plates



Aerobic Mats

Accessories

Looking for something that you do not see in this brochure?

Contact us for a quote as we manufacture around 400 different items.

Should you wish to order from us, you will be able to choose your preferred colours from white, black, silver, red, blue, green or yellow for metalwork and upholstery.

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