

Zen'ju

DAY SPA



BODY. MIND. SPIRIT



Relax

Massages

Using our unique selection of Aromatherapy Massage Oils (ZenJu Signature Blend, Serenity and Tranquility)

60 min Full Body Relaxation Massage (light to med pressure)	R480.00
60 min Full body De-stress and Muscle Tension Release Massage (med to firm)	R520.00
60 min Full Body Hot Stone Massage	R560.00
30 min Indian Head Massage	R240.00
30 min Leg and Foot or Pressure Point Foot Massage	R240.00
30 min Back, Neck and Shoulder Massage	R275.00
45min Back, Neck and Shoulder Massage	R410.00
60 min Back, Neck and Shoulder Massage	R550.00

Facials (Guinot)

Hydraclean Deep Cleansing Treatment (45mins.) **R380.00**

Guino has introduced a first of its kind, deep-cleansing express facial. This facial uses patented Thermoclean Electrodes, which offers spa enthusiasts, glowing skin in half the time of a regular facial. Perfect for the busy lady, teen acne and men who dont like hour long facials.

Beaute Nauve Vitamin C Peel Treatment (1 Hr.) **R650.00**

Exfoliating, resurfacing & moisturizing. Renews your skin with vitamin C, and Guinot's signature 56 cellular ingredients. These natural elements combine to leave your skin healthy & glowing.

Age Summum Face Treatment (1 Hr.) **R800.00**

This treatment is the "alternative to plastic surgery" for treating immediate signs of ageing, wrinkles & fine lines, loss of firmness & Lack of radiance.

Hydradermie Luxury 'Lift' (1 Hr.) **R790.00**

Stimulates your facial muscles to give them new tone & to provide a lifting effect for your facial features, the treatment delivers visible results from the first session; you will feel & look younger immediately

Facials (Regima)

60 min RegimA Moisture Splash Hydrating Full Facial **R430.00**

30 min RegimA Moisture Splash Hydrating Express Facial **R300.00**

60 min RegimA Purifying Facial **R430.00**

30 min RegimA Express Purifying Facial **R300.00**

45 min RegimA New Peel and Heal Treatment (30%) **R460.00**

Body Scrubs & Body Wraps

30 min Full Body Aromatherapy Tropical Salt Scrub	R275.00
45 min Full Body Detoxifying Wrap	R495.00
60 min RegimA Regenerating Body Peel	R380.00
(Excellent for sun damage, wrinkles, congestion on back, buttocks and back of arms, general body exfoliation)	

Grooming

Luxury Manicure (soak, exfoliation, file, cuticles, massage and paint)	R230.00
Luxury Pedicure (soak, exfoliation, file, cuticles, massage and paint)	R290.00
Express Mani OR Pedi (excludes soak and exfoliation)	R170.00
Add paraffin wax	R70.00

Waxing

Full Leg Wax	R230.00
Half Leg Wax	R160.00
Bikini Wax	R130.00
Brazilian Wax	R220.00
Hollywood Wax	R270.00
Under Arm Wax	R90.00
Eye Brow.Lip or Chin Wax	R60.00 ea
Tinting (Brow/Lash)	R80.00 ea
Ear or Nose Wax	R80.00

Nails

Gelish overlay (nails or toes)	R250.00
Express Mani or Pedi with Gelish overlay	R320.00
Luxury Mani or Pedi with Gelish overlay	R450.00

Eyelash Extensions (Lash Collection)

Full set classic lashes (60 min)	R590.00
Two week fill	R295.00
Three week fill	R325.00
Full set volume lashes (90 min)	R670.00
Two week fill	R320.00
Express lashes (clusters) (30 min) Full set	R350.00
LVL Lash perm	R595.00
Soak Off	R120.00

SPRAY TAN (The Tan Lab)	R275.00
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ZenJu Spa Packages

- * Stress Buster (75min)** **R595.00p.p**
45 Minute Back, Neck & Shoulder massage
30 Minute foot & Leg Massage
- Mini Relaxation Spa Package (1Hr. 45.min)** **R830.00 p.p**
Lemongrass and Ginger Iced Tea on arrival with 50 min Full Body Massage, a choice of 30 min Express Facial OR Express manicure OR Express Pedicure. Choice of a 20 min Indian Head Massage OR Foot Massage.
- De-Stress Spa Package (2 Hrs.)** **R940.00 p.p**
Lemongrass and Ginger Iced Tea on arrival with a 60 min Full Body De-Stress Massage with a 30 min Indian Head Massage & a 30 min Foot Massage.
- Revitalizing Spa Package (4Hrs.)** **R1360.00 p.p**
Lemongrass and Ginger Iced Tea on arrival with a 30 min full body Aromatherapy scrub OR 30 min Indian Head Massage. A 60 min Full Body Massage of your choice with a 60 min RegimA Hydrating Facial as well as a 50 min Luxury Manicure OR Luxury Pedicure.
- Romantic Cupids Touch Couples Deluxe Package (4Hrs.)** **R2900.00 per couple**
Lemongrass and Ginger Iced tea on arrival with a 30 min Full Body Aromatherapy scrub OR 30 min Indian Head Massage. A 60 min Full Body Massage of your choice with a 60 min RegimA Hydrating Facial as well as a 50 min luxury Manicure OR Luxury Pedicure.
(Extras include; Bottle of Champagne, Chocolates, 2 small Gifts to take home.)
- Full Day Deluxe Spa Package (5Hrs. 30min.)** **R2100.00p.p**
Lemongrass and Ginger Iced Tea on arrival with a 30 min Full Body Aromatherapy Tropical Scrub and a 45 min Full Body Detoxifying Wrap. A 60 min Full Body Massage of your choice and a 60 min RegimA New Dynamix Hydrating Full Facial with a 50 min Luxury Manicure OR Luxury Pedicure. (Includes; Champagne, Chocolates and a small Gift to take home.)
- ZenJu Spa Package (2 Hrs.)** **R760.00p.p**
60 min full body relaxation massage, 30min express manicure and 30min express pedicure
- Kids Mini Spa Package (under 12 years) (1Hr)** **R400.00**
Lemongrass and Ginger Iced Tea on arrival with a 30 min Neck, Back and Shoulder Massage. An Express Manicure OR Pedicure.
(Express Mani AND Pedi = Additional R80)

Friendship Package (For two or more) (2Hrs.) **R830.00**

Lemongrass and Ginger Iced Tea on arrival with a 60 min Full Body Relaxation Massage and a 30 min Indian Head Massage OR Pressure Point Foot Massage, as well as a 30 min Express Mani OR Express Pedi.

Pre-Natal Pregnancy Package

30 min Indian Head Massage, 30 min relaxing Foot & Leg Massage, 30 min RegimA Express Facial **R770.00**

Optional Add On:

60 min RegimA Moisturizer Splash Facial 30 min Back , Neck & Shoulder Massage **R430.00**

R275.00

Any waxing see menu above Manicure/Pedicure see menu above

Please note that all products used in the pregnancy treatments are safe for use during pregnancy & lactation.

Corporate Mini Treatments

*(Groups to rotate. Min of 5-15 delegates to qualify)
Can be offered during tea and lunch breaks/ during the actual conference / or after*

Glass of Lemongrass & ginger tea on arrival 10 min Neck /Back and Shoulder Massage, 10 Min Foot Massage

Corporate Add- On 10 min Indian Head massage

Larger corporate Spa Packages are available on request and can be put together using the above menu.

Breakfast and Lunch are available at an additional cost from the Fiamma Grill Restaurant.

Boardroom and conference Facilities are available

*Please note that treatments require booking in advance and are subject to availability. Terms and Conditions apply. All spa treatments require a 50% deposit in advance to secure.

CANCELLATION POLICY: ZenJu Day Spa requires a 24 hr Cancellation Notice, or clients WILL be invoiced in full

*** Please note that bookings are essential**

*** Gift certificates are available.**

*** Arrive 15 min before appointment**

*** Outdoor massages available on request (Subject to availability)**

*Enlightening all your
senses to create deep
relaxation and Tranquility*

Exclusive Day Spa

Zenju Day Spa is situated in beautiful, tranquil settings within the heart of Ballito. Offering a variety of holistic spa treatments and packages to help restore and uplift Body, Mind and Spirit.

We cater for individual, couples and small group bookings.

Spa packages and gift vouchers available for: Christmas, Valentines Day, Mothers Day, Fathers Day, Bosses Day, Secretary Day, Birthdays, Anniversaries, Corporate Functions, etc...

*We look forward to offering
you our luxurious Zenju
Signature Treatment packages*

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