

Custom made equipment, unique to The Firm, is utilised during Electro-Therapy treatments. Silicone pads are placed on specific parts of the body which send "deep penetrating impulses" to the muscles causing the muscles to contract and relax, simulating natural muscle movements. This activity speeds up the conversion of calories into the heat, resulting in the breakdown of fat into energy, reducing fluid retention, detoxifying the body and ultimately resulting in measurable inch and weight loss. This popular, effective treatment takes only 30 minutes, and clients receive three (3) treatments per week. The average weight loss over a four (4) week course is between 4 and 6 kg's.