



The Bridging Gap Tutoring Centre

Specialized tutoring in ADD/ADHD

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The Bridging Gap Tutoring Center for ADD/ADHD KIDS

Ferrari Brains and Bicycle brakes

No parent wants to hear that a child may have ATTENTION DEFICIT HYPERACTIVITY DISORDER (ADHD) but with the correct diagnoses and treatment, the child's psychological and social wellbeing need not be damaged over time.

"The life of a child who ADHD is unrecognized and untreated is likely to be filled with failure underachievement, anger and resentment, explained child and adult psychiatrist and ADHD expert Dr Shabeer Jeeva.

The Bridging Gap is a unique centre that offers tutoring homeschooling service for kids with ADD/ADHD from a Pre-preschool level to Grade 12, as well as Afterschool Tutoring service, Extra Lessons and a Holiday school program in March and July each year.

<h3><i>Evaluations that would be available are:</i></h3>

- Biofeedback Non Linear Scan - Establish correct foods that must be eliminated and introduced into child's diet. Vitamin & Mineral Deficiency in body. Bloodflow to Brain/Chemical imbalance in brain. Test can also be performed to see if medication child is on (Ritalin /Concerta)*

- *A diet is compiled for each child individually with necessary list of vitamin and mineral deficiencies.*
- *TOVA evaluation : Measures concentration, focus, impulsivity, variability and ADD/ADHD level.*

Therapies:

NiR Neurofeedback Therapy:

Improves their attention/concentration abilities, stress/Trauma and depression through Neurofeedback training. It works by teaching you how to increase the blood-flow to your brain. The therapy is comparable to a fitness workout for your brain. Training your brain makes it more flexible and improves learning and emotional abilities.

HEG neurofeedback is non-invasive, drug free and safe. Once trained, your brain can maintain the improved level of functioning.

Auricular / Acupuncture Therapy

*Auricular Therapy / acupuncture is the practice of placing small magnets in very specific Auricular **Acupuncture** (ears) points on each ear. The best case scenario is to compliment the treatment by using Acupuncture Detoxification (Acudetox) where 5 needles are inserted into various points in each ear.*

The cause of ADD

*Western logic = ADD/ADHD is caused by unstable or dysfunctional brain chemistry.
(symptomatic treatment)*

Eastern logic = ADD/ADHD is caused by a dysfunctional body i.e. organs (liver, kidneys, lungs etc.) are not functioning properly resulting in imbalanced brain chemistry / function and ability.

The imbalance in the organs cannot be detected through modern allopathic methods other than measuring the polarity of the organ function through using an electro stimulator / pointer / meter. It is important to notice that most ADD cases are simply not ADD.

The emotional, logical and focusing inability can be caused by other factors such as:

- *Behavioral boundaries not being managed correctly by the parents.*
- *Disinterest in life caused by stress at home.*
- *Disinterest in life caused by a lack of vision, purpose or direction.*
- *A simple belief that there is no point to life.*
- *A simple belief that failure will result in every process.*
- *A low self worth.*
- *A lack of attention or love at home.*
- *Poor role models.*
- *Poor diet.*
- *An inability to fit into the group.*
- *A lack of belief or trust in the educational system. the feeling of being just a number.*
- *It could also be a case of misdiagnosed Asberger's autism.*
- *undiagnosed brain damage.*
- *Poor eyesight.*
- *Poor hearing.*
- *A below average I-Q.*
- *And many others, it's not always ADD!*

The above mentioned causes are definitely inconvenient to address and time consuming. It is important to realize that many children are on medication because addressing their unacceptable behavior is inconvenient to the parent, but not impossible. Each proposed case of ADD or ADHD must be properly investigated.

Where the cause of the problem is body imbalance, ADT & magnotherapy are highly effective in balancing the body, brain, mind and behaviour. Normally the cause of an unbalanced body (organs) can be traced back as far as birth. Children can be born with various complications or dangerous afflictions whereby it is certainly necessary to use modern methods to treat, stabilize and even save the life of a baby.

It must be understood however that modern drugs are in fact chemicals (toxins) and ultimately, although the short term effect of keeping the child alive is achieved (from birth throughout childhood), the long term effect is body toxicity and organ dysfunction - i.e. dysfunctional brain chemistry. In Chinese Medicine, normal organ function is the seat of human health and brain chemistry function. Body and brain dysfunction caused by organ dysfunction is extremely common nowadays.

Our water, our food, our air and even our medication, literally poisons us. Where ADD and ADHD are caused by such, Acudetox and or Magnotherapy is the most powerful and successful treatment available. However diet plays an important role in the treatment process and well as diet maintenance process after treatment. Boundary issues and parenting techniques also play a critical role.

The Home Scholing system: Brainline (www.brainline.co.za)

How does Brainline work?

Brainline is a complete school curriculum on compact disc, a unique schooling system with the personal computer as its delivery vehicle. But we are much more than that - we are a learning community - a large group of people learning together, discussing concerns in the learning environment, making friends and solving problems, as we find our way in the vast world of education.

The compact disc contains (in almost all the grades) a full year's content in all subjects and learning areas and grades, at school level from grade 1 (one) to 12 (twelve), in both English and Afrikaans.

Here are some of the aspects of the Brainline Learning World.

DVD with complete course material:

All the study material, required by the learner, to complete his/her learning for the academic year, is provided on the disc. If it is not available on the DVD, we provide the books (grade 10 - 12) and an accompanying work schedule.

The study material can be provided for grades 1 to 12, in both English and Afrikaans.

The lesson content is printed out on a printer, making the lessons conveniently paper-based.

Some lesson material, in most grades (usually for revision or sharpening memorisation skills) is provided as interactive material on the computer. This adds to the enjoyment of the learning experience, especially in the languages and mathematics.

Assessment:

Brainline complies with all the curriculum requirements of the Department of Education. The assessment process comprises of the following:

A) Formative assessment - This is aided by the assignments and memorandums, provided with each lesson. As a result, the parents/guardian/tutor is assisted in his/her endeavour to stay actively involved in guiding the learner, without the necessity of an in-depth knowledge of the subject matter.

This type of assessment may or may not be actively recorded, but is mostly a verbal communication between learner and tutor.

Interactive work automatically recorded on the hard drive of the computer. Assignments to lessons recorded in the files of the learners as they work through the lesson material.

B) Summative assessment - where the progress of the learner is actively recorded during the course of the year. Requirements for this assessment is done in the following way:

1. A first and third term assignment, accompanied by memorandums (secured by passwords), done by the learner and marked by the parent/tutor/guardian, to aid corrective measures in the learning environment. The marked assignments are moderated by Brainline and therefore need to be submitted onto the brainONLINE site in their respective forums.
2. A June exam, accompanied by memorandums (secured by passwords), done by the learner and marked by the parent/tutor/guardian, to aid corrective measures in the learning environment. This exam is moderated by Brainline and therefore needs to be electronically submitted to us, by uploading the marked file onto brainONLINE.
3. A November exam, marked by Brainline.

Homeschooling Fees (parents purchase year program)-paid to BrainLine - once off

<i>Grade R</i>	<i>R2280</i>
<i>Grade 1 - 3</i>	<i>R3784.80</i> <i>June/Nov exam R684.00/per exam</i>
<i>Grade 4 - 7</i>	<i>R5700</i> <i>June/Nov Exam R1026.00 per exam</i>
<i>Grade 8 - 9</i>	<i>R7410</i> <i>June/Nov Exam R2280 per exam</i>
<i>Grade 10-11</i>	<i>R15453.84</i> <i>June/Nov see website for exam fees</i>
<i>Grade 12</i>	<i>R20271.22</i> <i>June/Nov see website for exam fees</i>

The Bridging Gap Home Scholing Tutoring Fees - Paid to Bridging Gap monthly

Fee Structure:

<i>Phase (Grade)</i>	<i>Annual fee</i>	<i>Monthly Fee (12 Months)</i>		<i>Discount annual fee (if paid by the 15 January)</i>	
		<i>1st child</i>	<i>2nd child</i>	<i>1st Child</i>	<i>2nd Child</i>
Tutoring & Aftercare Service					
The Bridging Toddler (2-4)	22800	R1900	R1800	R20900	R19800
00-0 (Grade R)	R25200	R2100	R2000	R24000	R23000
Grade 1 – 3	R28800	R2400	R2300	R27500	R27000
Grade 4-7	R31200	R2600	R2500	R30000	R 29000
Grade 8-10	R33600	R2800	R2700	R30500	R30000
Grade 11-12	R36000	R3000	R2500	R35000	R34000
Aftercare	R12000	R1000	R900	R11000	R10000
OUTSIDE Tutoring SERVICE					
Aftercare – Outside Tutor centre	R18000	R1500	R1400	R17000	R16000
Extra Lessons		R120 Per hour			
Neurofeedback		R150 per session			
Tova Testing & ADD Biofeedback		R500.00			
Medication Test		R1000.00			
Holiday School	March/June	R2000 per week			

- *Extra Murals :*
- *Karate : (at centre) Karate teaches focus/concentration and mostly DISCIPLINE*
- *Horseriding : (Jumangi stables) Skills taught by horseback riding: compassion for animals, responsibility, listening skills, proper form and safety. Focus was a must in order to ride safely*

Equi therapy is based on the movement of the fluid in the inner ear. To be able to learn, our body has to observe and our brain has to organise and digest these observations. It has been proved years ago already that learning problems like low muscle tone, trunk rotation, spatial orientation, midline crossing, eye movements, attention deficit disorder and others arise from a disfunction of the sensory integration system; the organising of observations therefore does not develop correctly.

The pony's three-dimensional, rhythmic movement activates the vestibular movement of the fluid in the inner ear, which opens up the communication channels between our observatory system and the two hemispheres of the brain.

Swimming: (at centre in Summer)

Swimming works every muscle in the body and that excess energy is used up. Brain received more oxygenated blood - improving concentration/focus/attention.