

Hands & Feet

All manicures or pedicures are finished off with nail varnish (men: buff & cuticle oil). See optional extras!

Manicure:

Basic: Soak(not with progel application), shape/shorten, cuticle care	R95
Regular: Basic manicure plus exfoliation and basic massage	R145
De lux: Regular manicure plus mask and extended massage	R180

Pedicure:

Please bring flip-flops!

Basic: Soak(not with gel application), shorten/shape, and cuticle care	R115
Regular: Basic pedi + dry skin removal, exfoliation & basic massage	R180
De lux: Regular pedicure plus mask and extended massage	R220
Ultra de lux: De lux pedi with heel treatment and paraffin mask	R310

Optional extras:

Progel Polish application instead of normal nail varnish	R60
Paraffin mask treatment	R60
Podiotherapy – corn / callous / ingrowing toenail treatment	R40
Cracked heel treatment	R50
Nail art per nail	R8
Progel removal before reapplying progel	R30
Gel removal: other than progel (R80) plus basic mani	R155

We do not do acrylic or non-soak gel removals!

Tinting & Shaping:

Brow shape/wax	R40
Brow tint & shape	R60
Lash tint	R55
Brow & lash tint & brow shape	R105

Make-up:

False lash application	R100
Myscara semi-permanent maskara	R180
Make-up (occasional – matric dance)	R150

Waxing:

Lip / Chin	R25
Lip & Chin	R40
½ leg wax	R85
Full leg wax	R110
Full leg wax including bikini	R140
Under arm wax	R50
Bikini wax	R70
Extended Bikini or G-string wax	R95

Massage:

Back, neck & shoulder massage (30 min)	R175
Basalt stone back massage (30 min)	R200
Full Body Massage (90 min)	R350
Basalt Stone Full Body Massage (90 min)	R400
Full Body Salt Scrub	R150

Pamper packages:

Basic: Basic mani, Basic pedi, back- neck and shoulder massage, brow & lash tint & shape	R445 (SAVE R45)
Regular: Regular mani, regular pedi, back- neck and shoulder massage, brow & lash tint and a therapeutic facial	R855 (SAVE R100)
De lux: De lux mani, de lux pedi, full body massage, brow & lash tint & shape and a rejuvenating facial	R1 145 (SAVE R200)
Ultra de lux: De lux mani, De lux pedi, full body exfoliation, full body massage, rejuvenating facial, brow & lash tint & shape and a light lunch	R1 300 (SAVE R300)

Piercing:

Ear-piercing (prices according to the choice of ear jewellery)	R80 – R155
Belly piercing	R220

Skin Deep Clinic

7 Swellengrebel Street
Swellendam
6740

Tel.: 028 514 2892

Advanced Skin Treatment

Professional Therapist:

Lorraine Smit
Corné du Preez

- Gift vouchers available for any treatment or product.
- Consultation on products and treatments are free of charge
- Failure to cancel an appointment at least 6 hours in advance holds you liable for payment of the treatment requested.
- Late arrivals - your treatment duration will be reduced accordingly.
- All prices are subject to revision without notice.
- Toddlers may spoil your, or someone else's relaxing time. Please arrange for a sitter!
- No smoking in or around the premises!
- We do have card facilities. No cheques please!
- Stockist of:



THE HEALTHIER ALTERNATIVE IN NAIL CARE



Also available:

Botox and Fillers

Visiting Aesthetic practitioner, Dr Andrew Koch

Lipolysis therapy

Visiting therapist: Hanlie Nel

Pedicure and Manicure Accessories:

Solutions (nail varnish or gel remover, quick dry, dilute, etc), buffs & files, cutters & clippers, cuticle- and nail creams and treatments, nailpolish, masks, scrub, heel balm, foot soak etc

Professional Make-up and Accessories: (to order)

Brushes, sponges, eye shadow, foundations, powders, lip colour, mascara, lashes, eye- and lip pencils, blushers, etc

Professional Ear-piercing and allergy free medical grade earrings

Other beauty accessories:

Gauze, tweezers, facial cleansing sponges, headbands, etc

Prices updated March 2015

Support Facial Treatments

Deep Cleanse (Problematic, oily and congested skins only) R250

This deep cleanse treatment provides instant and effective results with a power cleanse, steam, extractions, healing treatment with high frequency and mask on the face and neck only. The Purifying Mask is based on Kaolin and Tea Tree oil to assist with the absorption of excess oil and impurities, helping to refine the skin's surface texture. Designed to treat problematic, oily and congested skins as required. (NO MASSAGE OR BROW SHAPE)

Therapeutic Facial ALL SKIN TYPES R350

Suggested optional extra: see "optional extra" table

This is a specialised relaxing aspect treatment customized to the client's specific skin needs with all the essentials including: cleanse, exfoliate, gentle steam, minor extractions, brow shape, 10-20 minute massage and mask to deliver excellent results. This pamper treatment also includes a hand- or foot massage. Designed to treat the skin as a monthly "pamper" or maintenance treatment.

Rejuvenation Treatments

Only for clients using Nimue phase 1 and 2 homecare products

Active Rejuvenation with Alginate / Collagen Mask R490

Suggested opt extra: TDS / Hyaluronic Acid / Alpha Lipoic

Indicated for all skin types. The Bio Active Complex is applied to the skin for a potent, yet gentle and safe active treatment that delivers powerful results culminating in reduced pore size, refined texture, increased elasticity, radiance, vitality and lightening of pigmentation. This treatment is recommended in weekly or two weekly courses of 6 to 12 treatments.

Throw in an optional **nimue TDS as an active booster rejuvenation treatment** as a once off after completing a rejuvenation course.

Advanced Rejuvenation Treatments

Only for clients using Nimue phase 1 and 2 homecare products

35 % Glycolic Treatment with Alginate / Collagen Mask R500

Optional extra: TDS / Hyaluronic Acid or Microdermabrasion

The glycolic deep exfoliation treatment provides **controlled and predictable removal of skin cells, to improve the texture and appearance of the skin.** Above treatment is recommended in weekly or two weekly courses of 6 – 12 treatments. Course can be repeated twice a year.

7.5 % TCA Treatment R480

An active skin rejuvenation treatment. Indicated for environmentally damaged, hyperpigmented and problematic skin. The Bio-active complex in combination with 7.5% TCA is applied to the skin for a superficial peeling effect resulting in a radiant, smoother texture and lightning of pigmentation. Specifically suited for problematic skin. This treatment is recommended in weekly or two weekly courses of 6 to 12 treatments.

nimue Bio-lacto or Penta salaic peel R780

The newest advanced rejuvenation non-invasive superficial peels for problematic, hyperpigmented or environmentally damaged skins. Recommended in courses of 6 – 8 treatments with 2 – 4 week intervals. Only performed by a nimue skin treatment professional.

Specialised Rejuvenation Treatment

nimue microneedling & nimue TDS™ solutions R880

(package of 6 treatments needed for optimal results)

Per treatment

A specialised rejuvenation treatment procedure. Indicated for a wide range of skin conditions including sun damaged skin, lines and wrinkles, uneven texture, superficial acne scarring and to restore volume, elasticity, tightness and plumpness. Immediate and visible skin rejuvenation and renewal with long lasting effects. A microneedle roller with very fine 1mm needles is utilised to stimulate collagen induction and serves as a trans dermal delivery device to increase penetration of active ingredients (see treatment optionals: nimue trans dermal solutions). Multiple treatments are required to achieve the desired result as the treatments have a cumulative effect and can be done weekly and monthly as per the nimue treatment programme

Facial Treatment Optional Extras:

Ultra sound treatment (anti-wrinkle treatment) R85

Ultrasound stimulates skin activities. Products penetrate 11 times faster for up to 24 hours. 3 Million vibration per second ensure deep massage which helps to repair damaged tissue, helps with lymph drainage, faster blood circulation as well as cell renewal. It also breaks down oil consumption, dead skin cells and other skin irritations. Speeds up cell metabolism which results in healthy glowing skin. Excellent treatment on its own, or very powerful if used in combination with **nimue** professional serum. (This treatment "replaces" manual massage during the facial treatment to prevent overstimulation.)

High Frequency treatment R35

Oxygenating power of high frequency electrical current has been shown to enhance blood circulation, increase collagen and elastin production, eliminate toxins and acne-causing bacteria, encourage lymphatic drainage, exfoliate dead skin cells and improve skin care product absorption. Due to its rapid rate of oscillation, high frequency does not cause muscular contractions - instead, it works on the principle of skin toning.

nimue Bio Active Complex R140

The Bio Active Complex is applied to the skin for a potent, yet gentle and safe active treatment that delivers powerful results culminating in reduced pore size, refined texture, increased elasticity, radiance, vitality and lightening of pigmentation.

nimue Alpha Lipoic Activator – super antioxidant R35

This skin rejuvenation product assists in reversing the signs of photo/premature ageing caused by sun, stress, pollutants etc to reveal a healthy, youthful skin. Reduces the appearance of fine lines & wrinkles. Tightening effect on sagging skin. Revitalises dull, tired skin. Potent anti-inflammatory reducing redness & skin irritations and excellent for treating puffiness and dark circles around the delicate eye area.

nimue Hyaluronic acid R60

A booster treatment to moisturize, repair and plump the skin. Penetrates the stratum corneum and attracts water into these cells. This allows superior moisturisation and is excellent for cell repair.

nimue Collagen Mask R120

The Collagen Face Film mask is a soluble hydrogel collagen enriched face mask film that provides deep hydration, plumping, cooling and tightening benefits, replacing the "therapeutic" treatment mask.

nimue Alginate Mask R140

A peel-off alginate mask with green tea and marine extracts, hydrates, soothes and calms the skin whilst creating a smooth texture. Cooling and anti-inflammatory properties help to eliminate erythema. For an intensive and effective treatment combine the use of the alginate mask with a Professional Treatment Serum. This mask replaces the "therapeutic" mask in a treatment.

nimue Trans Dermal Solutions R115

Ascorbic Acid

Rejuvenation of photo damaged skin

* Reduces the appearance of fine lines, wrinkles and sagging skin

*Promotes a brighter skin & assists to reduce hyperpigmentation.

*Improves elasticity and creates a more youthful appearance.

DMAE, Alpha Lipoic Acid & Silicium

Firming of photo damaged and ageing skin

*Instant firming effects, creating a tensing effect in the skin.

*Diminishes and smoothes wrinkles caused by sagging skin.

nimue Special Eye treatment R160

This professional system is specifically designed for the delicate eye area to increase hydration and results in a more youthful appearance, and may be incorporated into any professional treatment during the mask phase.

nimue Anti-ageing hand & arm treatment R210

This treatment improves skin tone and elasticity, stimulating the production of healthy looking skin to reverse the ageing process. Dry skin is moved to a plumped well hydrated smoother one. A course of six treatments is recommended.

nimue Acne back treatment R320

Diamond microdermabrasion as add on to facial R120

Or Single treatment R320 or Packages: Weekly intervals : (4 – R1 155 / 6 – R1 685 / 10 – R2 700 / 12 – R3 100)

Microscopic peeling of dead epidermal skin cells. Helps with cell renewal, faster absorption of products, speeds up blood circulation, refines skin, stimulates collagen growth. Scar tissue and hyperpigmentation is reduced.



All treatments and formulae used in pHformula are supported by science with more than 30 years of combined scientific and medical experience

S.P. (Skin Response Treatment) Complex treatment R250

V.I.T.A.C. Resurfacing treatment R450

Maximum vitamin C concentration levels are achieved in a highly absorbable medium.

An advanced system which addresses early signs of cutaneous damage L-ascorbic acid helps to strengthen the skin's collagen and elastin network. The treatment is suited to use on photo-aged and pigmented skin and can help improve uneven pigmentation when performed regularly.

CHRONIC REDNESS Treatment R320

An active complex for complete restoration, chronic redness and rosacea prone skin. Specifically formulated with anti-microbial activity to help reduce redness and prevent relapses

A.G.E. 1 Resurfacing treatment R400

A.G.E. 2 Resurfacing treatment R420

Active and effective skin resurfacing solutions for the treatment of typical signs of ageing like photo-ageing, pigment changes, dull shallow appearance, superficial and medium expression lines or wrinkles on the face.

M.E.L.A. 1 Resurfacing treatment R625

M.E.L.A. 2 Resurfacing treatment R730

A powerful blend of active ingredients uniquely formulated in a clay base which assists in the even and rapid penetration of the actives. Most appropriate to help achieve superior improvement of hyperpigmentation spots in all skin types.

A.C.N.E. 1 Resurfacing treatment R400

A.C.N.E. 2 Resurfacing treatment R410

These active solutions effectively penetrate the pores to assist in dissolving impactions and help control microbial proliferation in acne prone skin. Anti-inflammatory benefits and a strong keratolytic action to help normalize problematic skin.

E.Y.E Resurfacing treatment R630

Natural collagen induction therapy, with the focus on problem areas like the delicate eye area as well as the barcode area around the mouth. Ideal for superior restructuring, firming and lifting

N.E.C.K and Décolleté resurfacing treatment R600

Advanced neck and décolleté treatment which assists in superficial exfoliation and cell renewal, reducing the appearance of visible ageing and photo damage.